







YOGA

— for —
Body, Mind & Soul



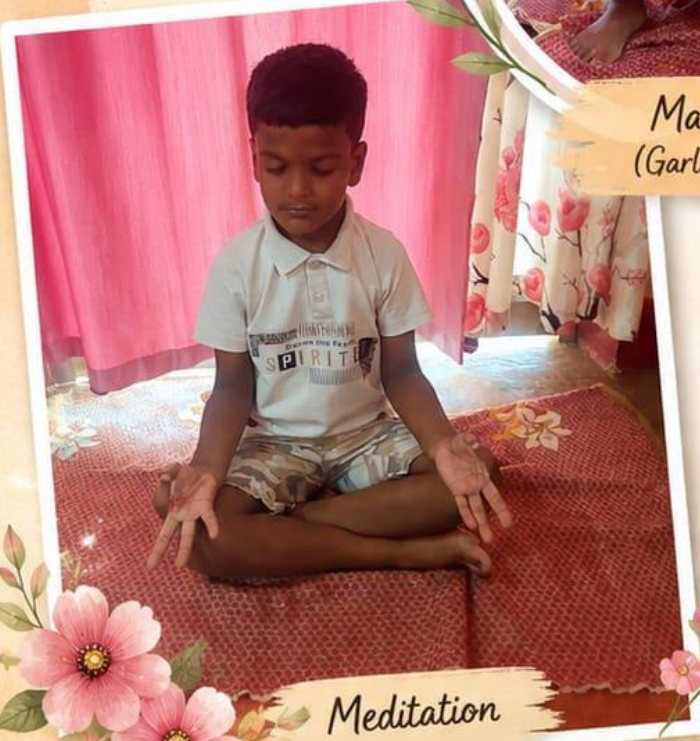
Cobra Pose



Warrior Pose



Malasana
(Garland Pose)



Meditation

Small steps
today,
stronger
tomorrow.



Stay Fit. Stay Happy.

